



CLIENT DISCLOSURE

Javier Perez is a certified Hypnotherapist, and an Associate Clinical Social Worker. Client recognizes that the Hypnotherapist is not a licensed physician, psychiatrist or psychologist. The American Medical Association accepts hypnotherapy; however, it is not licensed by the State of California.

Hypnosis is a natural, self-created state. The Hypnotherapist acts as a guide to help the client bypass the critical factor of the conscious mind, thereby, communicating directly with subconscious mind to make the changes he/she desires. Energy therapies work with the body's "subtle energies" to release blockages along the energy meridians which are the cause of all negative emotions. Energy modalities may be used in conjunction with hypnotherapy.

Javier Perez has been certified in Cognitive Behavioral Hypnotherapy through the Motivational Institute of Hypnotherapy. He is currently studying energy therapies. Javier Perez also has his Master's degree in Social Work, he is an Associate Clinical Social Worker in the State of California, and in the process of obtaining his therapist license through the State of California.

All services provided are done with the utmost concern for the client's well being and in good faith. Results of the sessions are ultimately the client's responsibility. This assumes all information provided by the client is true and complete. If you ever have any concerns about the nature of your treatment, please feel free to discuss it. In order to work with medical conditions, Javier Perez must receive a release from your physician. It is recommended that you inform your medical doctor that you are receiving hypnotherapy treatment.

In order to use these services, California State law requires that you acknowledge receipt of the information provided in this form and that you sign it. You will receive a copy. Hypnotherapy is an alternative or complementary to healing arts that are licensed by the state of California. Hypnotherapy services do not require state licensing. Under Sections 2053.5 and 2053.6 of California's Business and Professions Code, Javier Perez can offer you these services. Client-centered disciplines, philosophy, education, experience and certification allows Javier Perez to assess, advise, and assist clients to:

- MASTER PERSONAL GOALS that enhance self-determination and confidence of well-being, for a happy, healthy life.
- TRANSFORM PHYSICAL, EMOTIONAL, MENTAL, SOCIAL, AND SPIRITUAL LIMITS to renew and free me from things like addictive behaviors, allergy, anxiety, boredom, chronic ailments, co-dependency, conflict, confusion, difficulty concentrating, fear, incongruity, lack of motivation, life passages, limiting beliefs, low self-esteem, negativity, pain, poor eating habits, physical issues, self-sabotage, stagnation, stress, toxicity, traumas, problems, un-serving habits, upset or worry.
- ENHANCE WELL-BEING at work, home, play, sports and during traditional medical/dental procedures by stimulating my natural ability to communicate, create, enjoy, grow, heal, love, and learn.
- RECEIVE PROFESSIONAL SUPPORT practical ideas, information, techniques and methods gleaned from Javier Perez's specific education, knowledge, research, training, self-discovery, certifications and experience.

ACKNOWLEDGEMENT AND INFORMED CONSENT TO RECEIVE HYPNOTHERAPY SERVICES

I have read and understand the above disclosure about the hypnotherapy modalities offered by Javier Perez in his training and education. I have discussed with him the nature of the services to be provided. I understand that Javier Perez is not a licensed physician and that hypnotherapy is not licensed by the state. I understand that Javier Perez does not diagnose, treat or cure. I understand it is my responsibility to maintain a relationship for myself/my child with a medical doctor. I have consented to use the services offered by Javier Perez, and I am personally responsible for the fees in connection with the services provided to me. I agree to notify Javier Perez 24-hours in advance of canceling any scheduled appointment. Failure to do so will result in being charged for that session.

Javier Perez is a mandated reporter, and he is required by the State of California to report any child or elder abuse. By signing this form, you understand and are in agreement with this informed consent for Hypnotherapy.

Client's Signature: _____ Date: _____